



7. Drei-Kirchen-Neujahrslauf  
Günthersleben / 17.01.2016

Detailed evaluation

Schönknecht, Mario

Club: ZSG Waltershausen

Number: 1076

Course: 10.00 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 44:46

Speed: 13.40 km/h

Running performance: 4:29 min/km

Rank in course/Total: 53 (of 142)

Rank in course/Men: 50 (of 103)

Best time in course: 31:58

Rank in category: 11(of 18)

Best time in the category: 39:03