



7. Drei-Kirchen-Neujahrslauf  
Günthersleben / 17.01.2016

Detailed evaluation

Höpfner, Ralf

Club: Prooptik Wwalterhausen  
Number: 1115

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 45:02

Speed: 13.32 km/h  
Running performance: 4:30 min/km

Rank in course/Total: 57 (of 142)

Rank in course/Men: 52 (of 103)

Best time in course: 31:58

Rank in category: 1(of 6)

Best time in the category: 45:02