



7. Drei-Kirchen-Neujahrslauf
Günthersleben / 17.01.2016

Detailed evaluation

Ludwig, Ivette

Number: 1134

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 46:22

Speed: 12.94 km/h

Running performance: 4:38 min/km

Rank in course/Total: 69 (of 142)

Rank in course/Women: 8 (of 39)

Best time in course: 39:55

Rank in category: 1(of 6)

Best time in the category: 46:22