



7. Drei-Kirchen-Neujahrslauf
Günthersleben / 17.01.2016

Detailed evaluation

Daniel, Falko

Club: The Running Dads
Number: 1008

Course: 10.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 45:55

Speed: 13.07 km/h
Running performance: 4:35 min/km

Rank in course/Total: 63 (of 142)

Rank in course/Men: 58 (of 103)

Best time in course: 31:58

Rank in category: 9(of 15)

Best time in the category: 34:24