



7. Drei-Kirchen-Neujahrslauf  
Günthersleben / 17.01.2016

Detailed evaluation

Panse, Jens

Club: Usv Erfurt  
Number: 1150

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 47:30

Speed: 12.63 km/h  
Running performance: 4:45 min/km

Rank in course/Total: 79 (of 142)

Rank in course/Men: 69 (of 103)

Best time in course: 31:58

Rank in category: 8(of 15)

Best time in the category: 42:02