



7. Drei-Kirchen-Neujahrslauf
Günthersleben / 17.01.2016

Detailed evaluation

Alexander, Zeh

Number: 1140

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:17

Speed: 11.70 km/h

Running performance: 5:08 min/km

Rank in course/Total: 95 (of 142)

Rank in course/Men: 82 (of 103)

Best time in course: 31:58

Rank in category: 16(of 18)

Best time in the category: 39:03