



7. Drei-Kirchen-Neujahrslauf  
Günthersleben / 17.01.2016

Detailed evaluation

schlott, jörg

Club: sv schwabhausen  
Number: 1071

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 53:31

Speed: 11.21 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 108 (of 142)

Rank in course/Men: 89 (of 103)

Best time in course: 31:58

Rank in category: 17(of 18)

Best time in the category: 39:03