



7. Drei-Kirchen-Neujahrslauf
Günthersleben / 17.01.2016

Detailed evaluation

Ratzow, Gordula

Club: Kath Laufjugend Arnstadt
Number: 1119

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 55:52

Speed: 10.74 km/h
Running performance: 5:35 min/km

Rank in course/Total: 115 (of 142)

Rank in course/Women: 23 (of 39)

Best time in course: 39:55

Rank in category: 5(of 8)

Best time in the category: 43:36