



7. Drei-Kirchen-Neujahrslauf
Günthersleben / 17.01.2016

Detailed evaluation

Lier, Elke

Club: Gü We Läufer
Number: 1047

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 57:51

Speed: 10.37 km/h
Running performance: 5:47 min/km

Rank in course/Total: 124 (of 142)

Rank in course/Women: 26 (of 39)

Best time in course: 39:55

Rank in category: 6(of 8)

Best time in the category: 43:36