



7. Drei-Kirchen-Neujahrslauf
Günthersleben / 17.01.2016

Detailed evaluation

Knaak, Susan

Club: Fitness First Göttingen
Number: 1035

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 59:50

Speed: 10.03 km/h
Running performance: 5:59 min/km

Rank in course/Total: 133 (of 142)

Rank in course/Women: 34 (of 39)

Best time in course: 39:55

Rank in category: 8(of 8)

Best time in the category: 43:36