



7. Drei-Kirchen-Neujahrslauf
Günthersleben / 17.01.2016

Detailed evaluation

Ritter, Frank

Number: 1096

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:02:49

Speed: 9.55 km/h

Running performance: 6:17 min/km

Rank in course/Total: 140 (of 142)

Rank in course/Men: 102 (of 103)

Best time in course: 31:58

Rank in category: 18(of 18)

Best time in the category: 39:03