



7. Drei-Kirchen-Neujahrslauf
Günthersleben / 17.01.2016

Detailed evaluation

Gehb, David

Club: LTV Erfurt Mc Donalds 3athlon Team
Number: 1020

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 37:08

Speed: 16.16 km/h
Running performance: 3:43 min/km

Rank in course/Total: 8 (of 142)

Rank in course/Men: 8 (of 103)

Best time in course: 31:58

Rank in category: 3(of 17)

Best time in the category: 31:58