



3Türmelauf  
Bad Langensalza / 24.04.2016

## Detailed evaluation

Hohenstein, Laura

Club: Oskars Läufer  
Number: 584

Course: 5.00 km  
5 km - Lauf

Category:  
weibliche Jugend U18 (16-17 Jahre)

Total time: 20:07

Speed: 14.91 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 5 (of 242)  
Rank in course/Women: 1 (of 105)  
Best time in course: 20:07

Rank in category: 1(of 10)  
Best time in the category: 20:07