



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Maicher, Alexander

Club: Erfurt

Number: 653

Course: 5.00 km

5 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 22:00

Speed: 13.64 km/h

Running performance: 4:24 min/km

Rank in course/Total: 9 (of 242)

Rank in course/Men: 8 (of 137)

Best time in course: 18:28

Rank in category: 1(of 9)

Best time in the category: 22:00