



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Hiese, Cara

Club: SV Creaton Großengottern
Number: 577

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 24:46

Speed: 12.11 km/h
Running performance: 4:57 min/km

Rank in course/Total: 40 (of 242)
Rank in course/Women: 8 (of 105)
Best time in course: 20:07

Rank in category: 2(of 18)
Best time in the category: 24:16