



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Mörstedt, Martin

Club: TWB Bad Langensalza
Number: 788

Course: 5.00 km
5 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 24:50

Speed: 12.08 km/h
Running performance: 4:58 min/km

Rank in course/Total: 43 (of 242)

Rank in course/Men: 33 (of 137)

Best time in course: 18:28

Rank in category: 5(of 14)

Best time in the category: 19:30