



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Heinke, Christin

Club: Altengottern
Number: 566

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 23:50

Speed: 12.59 km/h
Running performance: 4:46 min/km

Rank in course/Total: 25 (of 242)
Rank in course/Women: 3 (of 105)
Best time in course: 20:07

Rank in category: 1(of 6)
Best time in the category: 23:50