



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Schmidt, Alain

Club: Nöda
Number: 706

Course: 5.00 km
5 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 24:38

Speed: 12.18 km/h
Running performance: 4:56 min/km

Rank in course/Total: 37 (of 242)

Rank in course/Men: 30 (of 137)

Best time in course: 18:28

Rank in category: 4(of 7)

Best time in the category: 22:06