



3Türmelauf  
Bad Langensalza / 24.04.2016

## Detailed evaluation

**Richter, Marcel**

Club: Bad Langensalza  
Number: 681

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 24:15

Speed: 12.37 km/h  
Running performance: 4:51 min/km

Rank in course/Total: 30 (of 242)

Rank in course/Men: 25 (of 137)

Best time in course: 18:28

Rank in category: 3(of 14)

Best time in the category: 19:30