



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Richter, Marcel

Club: Bad Langensalza
Number: 681

Course: 5.00 km
5 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 24:15

Speed: 12.37 km/h
Running performance: 4:51 min/km

Rank in course/Total: 30 (of 242)

Rank in course/Men: 25 (of 137)

Best time in course: 18:28

Rank in category: 3(of 14)

Best time in the category: 19:30