



3Türmelauf  
Bad Langensalza / 24.04.2016

## Detailed evaluation

**Steinmetz, Ben**

Club: SV Empor LSZ Boxen  
Number: 723

Course: 5.00 km  
5 km - Lauf

Category:  
männliche Kinder U12 (10-11 Jahre)

Total time: 26:03

Speed: 11.52 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 64 (of 242)

Rank in course/Men: 53 (of 137)

Best time in course: 18:28

Rank in category: 7(of 17)

Best time in the category: 23:36