



3Türmelauf  
Bad Langensalza / 24.04.2016

## Detailed evaluation

**Mörstedt, Bernd**

Club: TWB Bad Langensalza  
Number: 787

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 26:47

Speed: 11.20 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 80 (of 242)

Rank in course/Men: 66 (of 137)

Best time in course: 18:28

Rank in category: 1(of 4)

Best time in the category: 26:47