



3Türmelauf  
Bad Langensalza / 24.04.2016

Detailed evaluation

Meerstedt, Stephanie

Club: Erfurt  
Number: 656

Course: 5.00 km  
5 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 26:21

Speed: 11.39 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 72 (of 242)

Rank in course/Women: 14 (of 105)

Best time in course: 20:07

Rank in category: 3(of 13)

Best time in the category: 23:59