



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Schmidt, Steffen

Club: bad langensalza
Number: 704

Course: 5.00 km
5 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 26:26

Speed: 11.35 km/h
Running performance: 5:17 min/km

Rank in course/Total: 76 (of 242)

Rank in course/Men: 61 (of 137)

Best time in course: 18:28

Rank in category: 3(of 11)

Best time in the category: 22:48