



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

#### Setzepfandt, Stefan

Club: Bruchstedt

Number: 717

Course: 5.00 km

5 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 29:20

Speed: 10.23 km/h

Running performance: 5:52 min/km

Rank in course/Total: 136 (of 242)

Rank in course/Men: 97 (of 137)

Best time in course: 18:28

Rank in category: 5(of 9)

Best time in the category: 22:00