



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Ziaja, Elisa

Club: TRACO
Number: 761

Course: 5.00 km
5 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 28:14

Speed: 10.63 km/h
Running performance: 5:39 min/km

Rank in course/Total: 106 (of 242)
Rank in course/Women: 23 (of 105)
Best time in course: 20:07

Rank in category: 4(of 13)
Best time in the category: 23:59