



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Helbig, Lou Moritz

Club: FSV 1996 Preußen Bad Langensalza
Number: 569

Course: 5.00 km
5 km - Lauf

Category:
männliche Kinder U12 (10-11 Jahre)

Total time: 29:22

Speed: 10.22 km/h
Running performance: 5:52 min/km

Rank in course/Total: 137 (of 242)

Rank in course/Men: 98 (of 137)

Best time in course: 18:28

Rank in category: 12(of 17)

Best time in the category: 23:36