



3Türmelauf  
Bad Langensalza / 24.04.2016

## Detailed evaluation

Rösener, Michele

Club: TRACO  
Number: 689

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 27:55

Speed: 10.75 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 101 (of 242)

Rank in course/Women: 18 (of 105)

Best time in course: 20:07

Rank in category: 2(of 11)

Best time in the category: 23:36