



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Ellinger, Hendrik

Club: Salza-Gymnasium

Number: 533

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 30:09

Speed: 9.95 km/h

Running performance: 6:02 min/km

Rank in course/Total: 152 (of 242)

Rank in course/Men: 107 (of 137)

Best time in course: 18:28

Rank in category: 12(of 14)

Best time in the category: 18:28