



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Nebelung, Sophie

Club: Weißer Ring

Number: 795

Course: 5.00 km

5 km - Lauf

Category:

Frauen (20-29 Jahre)

Total time: 29:37

Speed: 10.13 km/h

Running performance: 5:55 min/km

Rank in course/Total: 145 (of 242)

Rank in course/Women: 42 (of 105)

Best time in course: 20:07

Rank in category: 7(of 13)

Best time in the category: 23:59