



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Kraus, Marius

Club: Bad Koenigshofen im Grabfeld

Number: 622

Course: 5.00 km

5 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 29:30

Speed: 10.17 km/h

Running performance: 5:54 min/km

Rank in course/Total: 141 (of 242)

Rank in course/Men: 101 (of 137)

Best time in course: 18:28

Rank in category: 6(of 9)

Best time in the category: 22:00