



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Richter, Stefanie**

Club: Salza-Gymnasium

Number: 682

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 28:00

Speed: 10.71 km/h

Running performance: 5:36 min/km

Rank in course/Total: 104 (of 242)

Rank in course/Women: 21 (of 105)

Best time in course: 20:07

Rank in category: 2(of 6)

Best time in the category: 23:50