



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Ichim, Paula Emilia**

Club: SV Empor LSZ Boxen

Number: 595

Course: 5.00 km

5 km - Lauf

Category:

weibliche Kinder U12 (10-11 Jahre)

Total time: 30:06

Speed: 9.97 km/h

Running performance: 6:01 min/km

Rank in course/Total: 150 (of 242)

Rank in course/Women: 44 (of 105)

Best time in course: 20:07

Rank in category: 2(of 7)

Best time in the category: 28:02