



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Hellmundt, Kerstin

Club: Bad Langensalza

Number: 785

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 31:00

Speed: 9.68 km/h

Running performance: 6:12 min/km

Rank in course/Total: 172 (of 242)

Rank in course/Women: 60 (of 105)

Best time in course: 20:07

Rank in category: 1(of 4)

Best time in the category: 31:00