



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Vogel, Christina

Club: Salza Biker

Number: 799

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 30:26

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 157 (of 242)

Rank in course/Women: 50 (of 105)

Best time in course: 20:07

Rank in category: 4(of 7)

Best time in the category: 27:57