



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Echtermeyer, Steffen

Club: FSV 1996 Preußen Bad Langensalza
Number: 531

Course: 5.00 km
5 km - Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 29:12

Speed: 10.27 km/h

Running performance: 5:50 min/km

Rank in course/Total: 135 (of 242)

Rank in course/Men: 96 (of 137)

Best time in course: 18:28

Rank in category: 6(of 10)

Best time in the category: 25:26