



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Stöpel, Karola

Club: Bad L
Number: 724

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 29:11

Speed: 10.28 km/h
Running performance: 5:50 min/km

Rank in course/Total: 134 (of 242)

Rank in course/Women: 39 (of 105)

Best time in course: 20:07

Rank in category: 5(of 6)

Best time in the category: 27:10