



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

Dembeck, Luca Cedric

Club: DaRoTel GmbH

Number: 524

Course: 5.00 km

5 km - Lauf

Category:

männliche Kinder U12 (10-11 Jahre)

Total time: 30:55

Speed: 9.70 km/h

Running performance: 6:11 min/km

Rank in course/Total: 169 (of 242)

Rank in course/Men: 112 (of 137)

Best time in course: 18:28

Rank in category: 14(of 17)

Best time in the category: 23:36