



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Mahr, Daniel**

Club: SV Empor LSZ Boxen

Number: 652

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 31:21

Speed: 9.57 km/h

Running performance: 6:16 min/km

Rank in course/Total: 177 (of 242)

Rank in course/Men: 114 (of 137)

Best time in course: 18:28

Rank in category: 9(of 10)

Best time in the category: 21:14