



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Lederer, Maike**

Club: Cocktails & Friends

Number: 632

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 33:14

Speed: 9.03 km/h

Running performance: 6:39 min/km

Rank in course/Total: 205 (of 242)

Rank in course/Women: 77 (of 105)

Best time in course: 20:07

Rank in category: 10(of 11)

Best time in the category: 23:36