



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Haase, Julia**

Club: BSG Sparkasse Unstrut-Hainich e.V.  
Number: 554

Course: 5.00 km  
5 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 31:55

Speed: 9.40 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 188 (of 242)

Rank in course/Women: 67 (of 105)

Best time in course: 20:07

Rank in category: 11(of 13)

Best time in the category: 23:59