



3Türmelauf  
Bad Langensalza / 24.04.2016

Detailed evaluation

Hoffmann, Martin

Club: Bad Langensalza  
Number: 581

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 32:41

Speed: 9.18 km/h  
Running performance: 6:32 min/km

Rank in course/Total: 194 (of 242)

Rank in course/Men: 124 (of 137)

Best time in course: 18:28

Rank in category: 11(of 11)

Best time in the category: 22:48