



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

#### Witt, Rebella

Club: Hebammenpraxis Lebensflämmchen  
Number: 801

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 32:33

Speed: 9.22 km/h  
Running performance: 6:31 min/km

Rank in course/Total: 193 (of 242)

Rank in course/Women: 70 (of 105)

Best time in course: 20:07

Rank in category: 3(of 6)

Best time in the category: 23:50