



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

Geißler, Kathrin

Club: Cocktail's & Friends

Number: 547

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 32:56

Speed: 9.11 km/h

Running performance: 6:35 min/km

Rank in course/Total: 200 (of 242)

Rank in course/Women: 74 (of 105)

Best time in course: 20:07

Rank in category: 6(of 7)

Best time in the category: 27:57