



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Keidel, Judith

Club: Bad Langensalza

Number: 773

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 30:35

Speed: 9.81 km/h

Running performance: 6:07 min/km

Rank in course/Total: 160 (of 242)

Rank in course/Women: 53 (of 105)

Best time in course: 20:07

Rank in category: 6(of 11)

Best time in the category: 23:36