



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Opaterni, Ringo

Club: Eisenach
Number: 794

Course: 5.00 km
5 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 30:50

Speed: 9.73 km/h
Running performance: 6:10 min/km

Rank in course/Total: 167 (of 242)

Rank in course/Men: 110 (of 137)

Best time in course: 18:28

Rank in category: 8(of 9)

Best time in the category: 22:00