



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Blume, Denise

Club: Bad Langensalza
Number: 516

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 36:03

Speed: 8.32 km/h
Running performance: 7:13 min/km

Rank in course/Total: 225 (of 242)

Rank in course/Women: 90 (of 105)

Best time in course: 20:07

Rank in category: 5(of 6)

Best time in the category: 23:50