



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Seifert, Richard

Club: Salza-Gymnasium

Number: 715

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 35:35

Speed: 8.43 km/h

Running performance: 7:07 min/km

Rank in course/Total: 224 (of 242)

Rank in course/Men: 135 (of 137)

Best time in course: 18:28

Rank in category: 13(of 14)

Best time in the category: 18:28