



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Lehnert, Franziska

Club: Frankfurt am Main

Number: 634

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 38:22

Speed: 7.82 km/h

Running performance: 7:40 min/km

Rank in course/Total: 233 (of 242)

Rank in course/Women: 97 (of 105)

Best time in course: 20:07

Rank in category: 6(of 6)

Best time in the category: 23:50