



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Weinert, Hans-Jürgen

Club: AWO Haus an der Salza

Number: 743

Course: 5.00 km

5 km - Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 31:43

Speed: 9.46 km/h

Running performance: 6:20 min/km

Rank in course/Total: 185 (of 242)

Rank in course/Men: 118 (of 137)

Best time in course: 18:28

Rank in category: 8(of 10)

Best time in the category: 25:26