



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Seidel, Janik

Club: SV Empor
Number: 712

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 40:37

Speed: 7.39 km/h
Running performance: 8:07 min/km

Rank in course/Total: 237 (of 242)

Rank in course/Men: 137 (of 137)

Best time in course: 18:28

Rank in category: 14(of 14)

Best time in the category: 18:28